



FORGIVE INSTANTLY LEADERS GUIDE

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Forgive Instantly & Live Free Leaders Guide Questions

Introduction:

Can a person learn to be as forgiving as Jesus is?

How would being forgiving change your life?

What are some unforgiving traits that others might see in you?

What traits do you desire to escape?

Chapter 1

What makes you happy?

Of the things that make you happy, what price do others pay as a result of your pursuit?

Why has happiness been elusive for you to achieve?

What gets in the way of your happiness?

Why does happiness seem to be time-sensitive—
sometimes present and sometimes far away?

Chapter 2

Tell me about your life.

Why do you start there?

What events in your past have changed the course of your life?

Who offended or did something that still haunts you?

What are the anchor points in your life?

Evaluate events, anchor points, and people concerning possible unresolved issues and how much they may be affecting you.

Chapter 3

Who do you blame for your situation?

What things do you need when you are alone in order to survive the thought of being with yourself?

Which do you use most, your ears to hear ways to improve yourself or fingers to point at others to improve?

What patterns have you developed to seek happiness?

What behaviors or habits have you developed to soothe or comfort yourself?

What is the source of your happiness?

Chapter 4

When someone asks you to tell about your life, what defining moment does not seem to fit?

What comes to mind when you think of past hurts that have occurred to you?

Who do you think of when you are asked to make a list of those you hate or do not like?

What event in your life might have created a
stumbling stone of bitterness?

Chapter 5

Even if you have Bible knowledge and background, what challenges are still present in your life to overcome?

What Bible truths do you acknowledge, but have yet to comply with?

What verses have you meditated on and put to work in your life and let change you?

Chapter 6

What events have you kept inside and let affect your life?

List the most important people as you grew up and any harm they may have directed at you.

List the important people in your early adult or teen years who may have hurt you.

List those in your current season of life that you feel have offended you or been unkind.

Chapter 7

Why do you need to hear yourself audibly speak forth forgiveness?

Why do you think God wants to hear your voice audibly?

Do you forgive in your mind with a simple declaration, or do you take action and cancel the debt?

What does it mean to forgive?

What are you actually forgiving? The person who offended, the debt you have created, or both?

Are you a doer of the Word, or just a hearer?

Chapter 8

What effect has anger or unforgiveness had on your life?

How many hours, days, or years have you wasted wallowing in unforgiveness?

Where could you be today if you had those hours back?

Characterize your level of anger comparing “heated”
to “slow burn” and how often you experience each.

Chapter 9

What do you do that indicates you run your life as though you were the owner and not God?

How have you acted similar to Adam and Eve thinking you were in charge of your garden?

What responsibility did God give you?

What incidents can you recall where you took on the role of a judge, jury, or even the sheriff?

Chapter 10

What battles have you taken on that would have been best left for God to handle?

What wounds and battle scars have you suffered that did not have to happen?

Why is it more fun in the bleachers than on the battlefield?

Where would you feel safer, in the bleachers or on the field?

Can you think of a time when you would have been better off finding a spot in the bleachers and just watching?

Chapter 11

What do you do to own your own circumstances or be the master of your universe?

What do you hear from these pages that would draw you to a new relationship with God?

What do you think the “Peace of God that passes all under-standing” would look like in your life?

Chapter 12

When a crisis hits your life, how do you approach God for his help?

How much baggage is in your way that must be cleared before you can get an emergency prayer through to heaven?

How fast do you demand God solve the trials that come your way?

What about repeat offenders who continue the same offenses?

After forgiving repeat offenders, is there a way to gain some space to protect one's self from further abuse?

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For Everything

Instantly

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